



Family and Friends CPR Training

Saturday, March 14, 2026 | 9 – 11:30 a.m.

Location: Capital Health – EMS Education

Mercer Professional Center at Pennington
2480 Pennington Road, Suite 107, Pennington, NJ 08534

Sign up for this free class offered by the Capital Health EMS Education staff. Participants will be taught how to perform CPR on adults, children, and infants, and how to help people who are choking.

This course is designed for family members, friends and members of the general community who want to learn CPR but do not need a completion card.

**Register by calling 609.394.4153 or register online at capitalhealth.org/events.
Class size is limited. Please register early.**



@capitalhealthnj     
capitalhealth.org