



Our Kidneys Matter: A Guide to Chronic Kidney Disease

Monday, March 30, 2026 | 6 p.m.

Location: Zoom Meeting

Chronic kidney disease (CKD) is a common but serious condition that occurs when the kidneys are damaged and slowly lose their ability to work properly. Join **Dr. Asher Hussain**, a board certified nephrologist, to learn more about CKD symptoms, risk factors, and how to maintain good kidney health.

This event will be taking place virtually using Zoom. Register online at capitalhealth.org/events and be sure to include your email address. Zoom meeting details will be provided via email 2–3 days before the program date. Registration ends 24 hours before the program date.



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