

You're invited to **CAPITAL HEALTH'S COMMUNITY BABY SHOWER**



Saturday, September 19, 2026

11 a.m. – 1:30 p.m.

War Memorial, 1 Memorial Drive, Trenton, NJ 08608

Women who are pregnant or recently delivered (infants up to three months old) and their support person are welcome to enjoy **FREE**:

- ... Lunch
- ... Giveaways
- ... Food from our Mobile Food Pantry with Arm in Arm
- ... Hot meals from the Trenton Area Soup Kitchen (TASK) food truck
- ... Blood Pressure Screenings
- ... Information Tables, including staff from Capital Health Maternity Services (Labor and Delivery, Childbirth and Parenting Education and Lactation) and Pediatric Services, as well as multiple Trenton community-based organizations



**Register today by scanning
the QR code and completing
the sign up form.**



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MATERNITY SERVICES

This program is supported through the generosity of the Capital Health Foundation.